

Beginning: Sunday, February 11, 2024 • 2:00 p.m. 1730 Winston Selection Rd. • Winston, OR 97496

Session Begins: Sunday, February 11, 2024 • 2:00 p.m. **Cooking on a Budget**

With costs continuing to rise, many are looking for ways to save money and reduce spending. At Cooking on a Budget, you will learn helpful tips to save money while still enjoying healthy, nourishing meals. Demonstrations, recipes and samples will be provided.

- Learn how to cook with costsaving ingredients
- Take home Free recipes
- Free Samples will be Provided

Visit us at: winstonor.adventistchurch.org/cooking-on-a-budget FREE Study Materials • FREE Child Care • FREE Refreshments



LOCATION: Winston Seventh-day Adventist Church 1730 Winston Selection Rd. Winston, OR 97496

Date Sensitive Material Requested in-home date: Feb. 2-5 Postmaster: if undeliverable, do not forward or return! Seminars Unlimited P.O. Box 66 Keene, TX 76059 Non-Profit Org. U.S. Postage PAID Seminars Unlimited